

**UNIVERSITY GRANTS COMMISSION
BAHADUR SHAH ZAFAR MARG
NEW DELHI – 110 002.**

Executive Summary

Title of the Minor Research Project :

Principles of Integral Education and its possible implementation in existing educational system.

Introduction :

The world knows Sri Aurobindo (Yogi Aurobindo Ghosh) as a political revolutionary, nationalist and globalist, philosopher, social thinker, psychologist, a poet and above all a yogi. He himself and his spiritual collaborator the Mother (Pondicherry) developed the system of integral Education.

The project mainly deals with their ideas of education and its possible implementation in existing educational system. Integral education comprises of the five essential parts of the personality: the physical, the vital, the mental, the psychic and the spiritual.

Brief objective of the project :

- To study the principles of integral education thoroughly.
- To find out the ways to implement the principles in practice
- To find out the result of the system where it has been implemented
- To check the relevance and practicability of the implemented ideas elsewhere, in local educational conditions.
- To find out solutions and best possible ways of implementation of principles of integral education

A summary of the work done :

- The researcher tried to collect the books and study material as much as possible.
- She has studied the principles of integral education thoroughly.
- She has visited the place and met the concerned persons, who deal with integral education. She tried to collect the information from them, where the system is in use.
- She tried to find out the practicability of implementing those ideas in conventional education system.

Findings of the research :

The integral education focuses on five parts of human being i.e. physical, vital, mental, psychic and supramental. Finding psychic being in oneself and taking guidance of the same, is the basic requirement of this education. With the guidance of psychic being, the human being tends to become human being in real sense. It integrates hands, heart and head.

For implementing the integral education, free progress education system is introduced in selected schools. (SAICE) Sri Aurobindo International Centre of Education, Puducherry and the one in Delhi, are run by Sri Aurobindo Ashram, Puducherry. It should be taken into consideration that Sri Aurobindo and The Mother have not introduced the Integral Education system as a remedy to current education scenario. But trying to aim at supramental (Term coined by SriAurobindo) the targets of the conventional education are easily achieved as a bi-product.

Free progress education system differs in all aspects like teacher-student ratio, facilities available, teaching methodology, curriculum, attitude of teachers, examinations, competitions, certification etc. In that centre the dual system of education is in vogue. The environment and culture is altogether different from conventional education system. Practically in conventional educational system it is not implementable. There would be many hurdles in implementing free education system in conventional system. But importance given to physical education, vital education and mental education should be taken into consideration. That is the need of an hour.

Contribution to the subject knowledge:

The researcher in this MRP has designed a module to find out whether the student is ready for free progress system or not. In this way she has find out a way to implement the principles in practice.

**SIGNATURE OF PRINCIPAL
INVESTIGATOR**

SIGNATURE OF PRINCIPAL